

Daily Virtuoso
2024Q2 (Spring Quarter)
Welcome Call
April 1, 2024

00:11:19	Kate Reddish	Welcome to Q2 everyone!
00:11:58	Diedre Buckley (she/her)	Hi Kate - thanks for all you do!
00:12:56	Aja Majkrzak	Tobias Funke style
00:12:57	Diedre Buckley (she/her)	Hi Aja, from Madison, WI - we're practically neighbors!
00:13:17	Aja Majkrzak	Hi Diedre 😊
00:21:02	Claudia Ferguson	How do we know when the practice squad meetings will be, in advance?
00:21:51 greater	Kate Reddish	<i>Replying to "How do we know when ..."</i> We'll go into detail on that soon!
00:22:54	Kerstin Tenney	I'm here too!
00:23:55	Sandra L	Louise is a truly terrific violinist!
00:26:13 one's	Sandra L	Kerstin recently released a solo recording. (BTW, no paying me to say these things. Ha, I wish. ;))
00:27:25	Kerstin Tenney	<i>Replying to "Kerstin recently rel..."</i> Thanks Sandra! 😊
00:28:04	Louise Shackelton	Sandra very kind. Thank you!
00:29:13	Sandra L	<i>Replying to "Sandra very kind. Th..."</i> Just telling the truth, Louise.

00:29:29	Kate Reddish	<i>Replying to "Sandra very kind. Th..."</i> Preach!
00:34:07	Aja Majkrzak	I'm really looking forward to learning how you approach the Elgar!
00:34:11	Stefan	Hi Aja, Kate, Louise!!
00:34:22	Aja Majkrzak	<i>Replying to "Hi Aja, Kate, Louise..."</i> Hi Stefan!
00:34:59	aasheeta	I would be interested to hear about managing how to "keep up" with the prior material from previous weeks
00:35:16	Stefan	<i>Replying to "I would be intereste..."</i> excellent point
00:35:21	Kate Reddish Asheeta!	<i>Replying to "I would be intereste..."</i> Good question
00:35:24	Gretchen Paxson Abberger	<i>Replying to "I would be intereste..."</i> Me as well.
00:37:47	Sarah	<i>Replying to "I would be intereste..."</i> See Kate's fun hacks, towards the end of her recent email - I thought those were very helpful, I knew about some but not all - thanks Kate!
00:39:05 for	Claudia Ferguson	If you have an orchestra job, how much do you practice that?
00:39:20 find	Laura Mendelsohn	Nathan said he is providing marked parts. Where do I find those?
00:39:41 Wien.	Bill Alpert	Hi Nathan, how would you compare Beethoven and for difficulty level?
00:39:44	Aja Majkrzak	Aasheeta asked: I would be interested to hear about

managing how to "keep up" with the prior material from previous weeks

00:40:22 Aja Majkrzak
live *Replying to "Nathan said he is pr..."* They are about to go on the website, we'll give a tour in a moment!

00:40:37 Johana
Can In the squads , do we play the pieces for each other?
we also try out something off the repertoire?

00:40:49 Bill Alpert
concerto

00:41:10 aasheeta
date *Replying to "I would be intereste..."* Do you know which for that email?

00:41:29 Aja Majkrzak
[Which violin concerto has the toughest opening?](#)

00:41:39 Sarah
Replying to "I would be intereste..." Email was sent today!

00:42:30 Louise Shackelton
In my squad we stick to the repertoire and discuss technique through that rep. However if someone had a specific question about technique that was relevant to all of us from another piece - I think most of us would be open to discussing.

00:43:50 aasheeta
previous Actually, I meant that even if I practiced them the week, I feel that everything slides back if I'm not constantly reviewing pieces.

00:44:28 Aja Majkrzak
Replying to "Actually, I meant th..." Can totally relate!


00:44:29 aasheeta
Replying to "I would be intereste..." Thanks, I'll look at it again!

00:44:56	aasheeta	<i>Replying to "Actually, I meant th..."</i> Glad I'm not the only one!
00:45:18	Liz_A (violin)	To Asheeta (esp), i think interleaved practice helps make things "stick"
00:45:24	michaela zirnbauer	All the practice sqads are not in a time frame where I can attend. Either Im working or its in the middle of the night. what affect will this have?
00:46:15	Louise Shackelton	<i>Replying to "All the practice sqa..."</i> When would be a good time for you in Germany?
00:46:16	Kate Reddish	<i>Replying to "I would be intereste..."</i> @Sarah are you referring to the video hacks? Or something else?
00:46:43	Sarah	<i>Replying to "I would be intereste..."</i> Yes - as mentioned in the email I got from you today
00:47:11	Kate Reddish	<i>Replying to "I would be intereste..."</i> I'm so glad you found them helpful!
00:47:28	michaela zirnbauer	<i>Replying to "All the practice sqa..."</i> either before 13:00 or starting at 20:00. between those times I am teaching. Saturday afternoon/early evening however I could make work.
00:47:29	Neha Kothari	How would you think about increasing the amount of playing you're doing per day as part of DV, e.g. going from 1 hr (current) to 3 hrs in a healthy way hopefully avoiding injury? Are there any resources you'd suggest around that?

00:47:49 to	Sayumi Takahashi Harb	If we are on the monthly plan, is it possible to upgrade an annual plan later?
00:48:46 notes	Louise Shackelton	One thing I do is listen to the weekly video and take either directly onto the music on the FourScore app or separately in notes. This way I am taking in all of Nathan's expert knowledge and experience even if I am not directly working on that repertoire or able to practice that week. Then I have those notes to go back to when I have time.
00:48:47	Aja Majkrzak	<i>Replying to "If we are on the mon..."</i> Yes! Email help@natesviolin.com and we'll get it set up
00:50:56 1st	aasheeta	<i>Replying to "Actually, I meant th..."</i> Like if I practiced the page of the Bruch, then left it completely for 3 weeks while I work on other things, it would not be great when I came back to it
00:52:20	Liz_A (violin)	Thanks for talking about increasing time wo injury!
00:54:22	Laura Mendelsohn	How do I get a copy of Nates scale book?
00:54:48	Aja Majkrzak	<i>Replying to "How do I get a copy ..."</i> Here's the link Scales: The Road to Repertoire - Nathan Cole, Violin
00:55:07 (or	Liz_A (violin)	Do ppl find two smaller sessions/ day are more helpful less or same) than one longer block?
00:56:14	Jen	Suggestions for simplifying when something is just too hard technically?

00:56:44 like	Diedre Buckley (she/her)	Depending how you organize it, 2 sessions in a day is 2 days of practice in one day!
00:56:45 needs	Liz_A (violin)	Cool thx! Also glad to know I'm not the only one who time to warm up ears & hands ❤️
00:59:05	Liz_A (violin)	@Jen Louise in the Feb practice showed us a technique that helped me (figuring out how to get the sound you want)
00:59:58	Jen	@Liz_A (violin), I'll look up that video. Thanks!
01:00:03 coach	Sayumi Takahashi Harb	If we play without a shoulder rest, is there a squad who could speak to the technical issues especially when not using shoulder rest
01:00:25	Kate Reddish	Any of the squad coaches can speak to that!
01:00:34 shoulder	Kerstin Tenney	<i>Replying to "If we play without a..."</i> I play without a rest, and have been exploring this for a while.
01:00:41	Louise Shackelton	<i>Replying to "If we play without a..."</i> I play without.
01:03:48	Aja Majkrzak	<i>Replying to "If we play without a..."</i> I play with, I briefly explored without. But I have a history of holding too much tension in my left thumb, and without a shoulder rest my thumb has a lot more responsibility and ultimately I decided it wasn't worth the risk of reinjury for me.
01:03:54 different!	Aja Majkrzak	<i>Replying to "If we play without a..."</i> But everyone is

01:04:14 few	Carol Vang	What would you suggest if we really want to work up a of the pieces to performance level and then play them for friends?
01:05:07 in	Kate Reddish	<i>Replying to "If we play without a..."</i> Plus, there are videos the vault (I'd look at the shifting videos) that speak to the technical aspects of playing without a rest.
01:07:42	Diedre Buckley (she/her)	Thanks, Nathan!
01:07:51	Denise Lavin	thanks Nathan!
01:07:53 know	Claudia Ferguson	When are the other practice squad days and times? I you said you will go over it.
01:07:53	Liz_A (violin)	Thanks!!!
01:07:58	Johana	Thank you, Nathan.
01:08:16	Gretchen Paxson Abberger	Thanks Nathan
01:08:31	Ernst-Jan de Koning	Thanks Nathan
01:08:44	Jackie	Thank you!
01:11:06	Claudia Ferguson	I have to go teach soon, and still not sure when Aja and Kate's squads are. Anyone can tell me?
01:11:24	aasheeta	<i>Replying to "I have to go teach s..."</i> It is in the handbook, towards the end
01:13:52 the	Claudia Ferguson	Are practice squads every week or just certain weeks, dates on the handbook?

01:14:10	Liz_A (violin)	Love that there's an outline to navigate thx kate & aja
01:14:42	Kerstin Tenney	<i>Replying to "Are practice squads ..."</i> Each coach leads a squad once a month, so there are four in a month
01:15:27 is	Denise Lavin	<i>Replying to "Are practice squads ..."</i> Can you go to all 4, or it easier to stick to just one?
01:16:11 many	Kerstin Tenney	<i>Replying to "Are practice squads ..."</i> You can go to as as you like!
01:16:15	Aja Majkrzak	She really, REALLY does know this content so well!
01:16:24	Louise Shackelton	She does!!
01:18:23 all	Louise Shackelton	<i>Replying to "Are practice squads ..."</i> You can go to any or
01:18:45	Laura Mendelsohn	This meeting would not load on my Google calendar.
01:19:03 to	Sayumi Takahashi Harb	I have the same issue with Google calendar...but I have go now to get my kids from the bus. Thank you and see you all again soon
01:20:12	Jen	And Aja sends reminder emails about events too!
01:21:03 	Liz_A (violin)	And they do reminders for Mon on Sun thank goodness
01:22:48	Claudia Ferguson	Thank you so much!
01:25:29	Sandi Rynerson	<i>Replying to "I have the same issu..."</i> I have the same issue with Google Calendar.

01:25:48	Liz_A (violin)	I plan to get on discord thus quarter... what do we do there?
01:28:25	Sandi Rynerson	What is the difference between these and Nathan's forscore version?
01:28:59	Aja Majkrzak	The markings are all the same, but if you use forscore you can erase things
01:29:55	Sandra L	Must run -- thanks, Kate and Aja.
01:30:40	Laura Mendelsohn	What does forscore mean?
01:31:02	Kerstin Tenney	<i>Replying to "What does forscore m..."</i> Its a program you can use on your ipad
01:32:10	Louise Shackelton	That's the music app where you can digitally download parts and edit. If you don't have it, it's excellent. I am a convert!
01:35:21	Johana	Are there also blank parts for the rep?
01:36:05	aasheeta	You can usually find blank parts on imslp
01:36:05	Liz_A (violin)	Does blank part mean no fingerings?
01:36:17	aasheeta	Thanks everyone!
01:36:25	Aja Majkrzak	help@natesviolin.com
01:36:46	Johana	Thank you very much. Looking forward TO IT
01:37:05	Johana	To the course

01:37:11	Gretchen Paxson Abberger	Thanks Kate, Aja, Louise and Kerstin.
01:37:33	Denise Lavin	Thanks everyone. Good meeting!
01:37:39	Louise Shackelton	Thanks! See you in the squad! Louise
01:37:39	Liz_A (violin)	Thanks and happy to meet everyone!
01:37:58	Ko Hayashi	Thank you everyone!
01:38:30	Sandi Rynerson	Thank you!!
01:38:31	Diedre Buckley (she/her)	Thank you, Kate & co!
01:38:33	Bob	Thanks, guys, See you on zoom!
01:38:34	Johana	See you all soon!