Practice Plan

Repertoire:	Pages:
Mendelssohn violin concerto	**Various,** for modeling
Bach Sonata No. 2 in a minor	**Various,** for modeling
Kreisler Praeludium and Allegro	**Various,** for modeling

Click here for marked parts
Click here for this week's videos

MINDSET REMINDERS:

- **Practice Makes Performance**
- **Practice Hygiene**
- **Practice Reminders**

TOOLS:

- **Nathan's Weekly Practice Plan**
- **Example Scale Routines** from *Scales: The Road to the Repertoire*

TECHNIQUES:

- **Modeling (Playing Dress-Up):** "Try on" the mannerisms, the style, the inflections of those great players you admire. Then see how you play in their style. From this vantage point, you'll see technical issues in a new way.
- **Practice Journaling:** Don't fall victim to the belief that you'll remember what you observed while you were embodying Heifetz or Augestin! Write it down.

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